

## **4.4 SHALAKYA TANTRA**

**Theory Two Papers – 100 Marks Each  
Practical/Viva voce – 100 Marks**

### **NETRA ROGA VIGYAN**

**Paper I**

**Marks**

**100**

#### **I. Introduction**

- Shalakyatantra nirukti, Parichayam, Ithihasam
- Netra rachana shariram (Mandala, Patala, Sandhi, Drushti Vichara) and Netra Kriya Sharira alongwith modern anatomy of Eye.
- Eye examination and knowledge of basic instruments/equipments required for examination of Eye.
- Netrarognanam – Samanya Hetu (Nija and agantuja), Purvarupa, Samprapti, Rupa and Chikitsa.
- Classification of Netraroga and its importance.

#### **II. Netra Samanya and Vishishta Chikitsa - Kriya Kalpa**

- Netra and Chakshu swasthya hitkara Dinacharya, Ritucharya, Aahara evam Vihara.
- Kriya-kalpa-Seka, Aschyotana, Pindi, Vidalaka, Tarpana, Putapaka, Anjana and importance of Panchkarma in Netra Chikitsa.
- Basic fundamentals of Netra Shastra Chikitsa e.g. Purva – Pradhana - Paschat karma, Ama-Pachyaman-Pakva Vrana shotha, Vranitopasana, Pranashtashalya, & Vranbandhana. Methods and concepts of sterilization, asepsis and antisepsis as per ancient and modern point of view.
- Basic applied knowledge of Ashtavidha shastrakarma, agni, kshara, raktamokshana in Netra rogas.
- Essential diagnostic and therapeutic modern pharmacological agents required in Netra Chikitsa

#### **III. Sandhigata Roga(Diseases of junctional areas of eye)**

- Number of sandhigata rogas, detailed etiology, pathology, clinical features and management of Pooyalasa and Srava Rogas.
- Brief Study of krimi granthi, Parvani and Alaji Rogas.
- Study of Acute and Chronic Dacryocystitis, Epiphora, Blepharitis including their aetiology, pathology, signs & symptoms, differential diagnosis and medical & surgical management.

#### **IV. Vartmagata Roga(Diseases of Lids)**

- Number of vartmagata rogas, and detailed knowledge of etiology, pathology, clinical features and management of Anjananamika, Utsangini, Lagana, Vatahata vartma, Pakshma kopa, Sikta vartma, Pothaki, Klinna vartma, Krichhronmeelana and Kukunaka diseases of Vartma.
- Brief Knowledge of Vartmarbuda, Utklishta vartma, Nimesh, Pakshmeshata, Vartmarsha
- Knowledge of Hordeolum, Ptosis, Trachoma, Trichiasis, Entropion, Ectropion including their Etiology, signs and symptoms differential diagnosis and medical & surgical management.

#### **V. Shuklagata Roga(Diseases of sclera and conjunctiva)**

- Number of Shuklagata rogas, detailed knowledge of etiology, pathology, clinical features

- and management of Arma, Arjuna and Shuktika
- b) Brief Knowledge of Sira pidika, Sira jala, Pishtaka, Balasgrathita.
  - c) Study of Pterygium, Scleritis, Episcleritis, Sub-Conjunctival Hemorrhage including their Etiology, signs and symptoms, differential diagnosis and medical & surgical management.

#### **VI. Krishnagata Roga (Diseases of cornea and uvea)**

- a) Number of krishnagata rogas, detailed knowledge of Etiology, Pathology, Clinical features, differential diagnosis, complications and Management of Savrana /kshata Shukla (Shukra), Avrana shukra (Shukla)
- b) Brief knowledge of Sira shukla, Akshipakatyaya and Ajakajata.
- c) Knowledge of Corneal ulcer, Corneal Opacity, Uveitis, Acute Iridocyclitis, Staphyloma, their aetiology, pathology, symptoms, differential diagnosis, complications and management.

#### **VII. Sarvagata Roga (Diseases effecting all parts of eye)**

- a) Number of Sarvagata rogas, detailed knowledge of etiology, pathology, clinical features, complications, differential diagnosis and Management of Abhishyanda, Adhimantha, Hatadhimantha and Shushkakshipaka.
- b) Brief Knowledge of Amloshit, Vata paryaya, Anyato vata, Sashopha & Ashophakshipaka- Pilla roga, Sirotpata and Siraharsha.
- c) Knowledge of Conjunctivitis, Glaucoma, Dry Eye Syndrome including their etiology, pathology, clinical features, differential diagnosis, complications and their management.

#### **VIII. Drishtigata Roga (vision disorders)**

- a) Number of Drishtigata rogas detailed knowledge of - etiology, pathology, clinical features, differential diagnosis and management of Timira, Kacha and Linga nasha.
- b) Brief Knowledge of Abhighataja lingnasha, sanimittaja & Annimittaja Lingnasha Doshandhya/Kaphavidagdha drishti, Naktandhya, Ushna vidagdha drishti, Pittavidagdha drishti, Dhumadarshi, Hriswajadya, Gambhirika, Nakulandhya, Nayanabhighata.
- c) Knowledge of Refractive errors, Cataract including their etiology, pathology, clinical features, differential diagnosis, complications and their management.
- d) Study of Eale's disease, Hypertensive & Diabetic Retinopathies, Age related Macular degeneration, Strabismus, Retinitis pigmentosa, Night blindness, Amblyopia, Central serous retinopathy, Optic Neuritis and Optic atrophy

#### **IX. Miscellaneous Diseases**

- a) Xerophthalmia and other malnutritional eye disorders.
- b) Knowledge of ocular trauma and their management.
- c) Introduction to Eye bank, Eye donation, Corneal Transplantation
- d) Preventive Ophthalmology and Community Ophthalmology

## **SHIRA - KARNA- NASA- MUKHA ROGAS**

### **PAPER II**

**100 Marks**

#### **I Samanya Chikitsa**

- a) Study of therapeutic procedures like Sveda, Kavala, Gandusa, Dhuma, Murdhni Taila, Nasya, Pratisarana, Karna Purana, karna prakshalana, nasa prakshalana Mukha Lepa.
- b) Ashtavidha shastrakarma and anushastrakarma used in the treatment of Shira, Karna, Nasa evam Mukha Rogas.

#### **II Shiro Roga**

- a) Importance and Superiority of Shira.
- b) Number, general etiology, pathology and cardinal features of shiro rogas and kapalgata rogas along with their common line of management/treatment.
- c) Detailed study of Vataja, Pittaja, Kaphaja shirashoola, Suryavarta, Ardhavabhedaka, Khalitya, Palitya.
- d) Brief Knowledge of Raktaja shiraha shoola, Krimija shiraha shoola, Kshayaja shiraha shoola & Sannipataja shiraha shoola, Ananta vata, Indralupta, Darunaka.
- e) Detailed study of Headache, Migraine its differential diagnosis and treatment.

#### **III Karna Roga**

- a) Detailed study of Rachana and Kriyasharir of Karna (Ear) & Shravanendriya as per Ayurvedic and modern view, Examination of Ear along with instruments/equipments required in Ear examination.
- b) Detailed study of etiology, pathology, classification, clinical features and management of diseases of Karna – karna shool, karna nada & shweda, Badhirya, karnastrava, karna pratinaha, pootikarna, karnagoothaka, karnavidradhi.
- c) Brief Knowledge of karna kandu, karnapaka, karnarsha, karnarbuda, krimikaran & karnapali rogas, Karna sandhana (Auroplasty), fundamentals, method and Vaikritpaham
- d) Detailed study of Otagia, ASOM, CSOM, Deafness, wax including their etiology, pathology, clinical features, differential diagnosis, complications and medical & surgical management
- e) Brief Knowledge of Otomycosis, Otosclerosis, Tinnitus, Vertigo, Foreign body in ear and Noise pollution.

#### **IV Nasa Roga**

- a) Detailed study of Rachana and Kriyasharir of Nasa (Nose and paranasal sinuses) & Ghranendriya as per Ayurvedic and modern view, Examination of Nose. along with instruments/equipments required in Nose examination.
- b) Detailed study of Pratishyaya, Dushta pratishyaya, Nasanaha, Kshavathu, Nasagata raktapitta & Nasarsha.
- c) Brief Knowledge of Putinasa, Bhranshathu, Peenasa, Apeenasa, Nasarbuda, Nasashotha, Dipta, Nasa Sandhana.
- d) Detailed study of Rhinitis & Sinusitis Epistaxis, Nasal Polyp, DNS, Foreign body including their Etiology, pathology, clinical features differential diagnosis and medical & surgical management.
- e) Brief Knowledge of Nasal trauma, Tumours of nose and Para nasal sinuses.

### **V Mukha Roga (Diseases of Oral Cavity)**

- a) Detailed study of Rachana and Kriyasharir of Mukha Rogaadhithana- oshtha, dantamoola, danta, jivha, talu, gal, sarvasara (Oral cavity ) as per Ayurvedic and modern view along with their Basic examination including instruments/equipments required for the examination
- b) Mukha and Danta Swasthya as per ancient and modern concepts including prevention of malignancy of oral cavity.
- c) Number and general aetiology, pathology, cardinal features of Mukha rogas along with their common line of management/treatment.

### **Oshtha Roga (Diseases of Lips)**

- a) Detailed study of Etiology, pathology, classification, clinical features and management of - Oshtha prakopa, khandoshtha
- b) Brief Knowledge of Gandalaji, Jalarbuda, Kshataja Oshthaprakopa
- c) Knowledge of cleft lip.

### **Dant Mula Gata Roga (Diseases of Periodontia)**

- a) Detailed study of Etiology, pathology, classification, clinical features and management of - Shitada, Dantaveshta, Upakush, Danta Nadi, Danta Vidradhi, Adhimansa
- b) Brief Knowledge of dantapupputaka, Saushira, Mahasaushira, Danta Vaidarbha , Paridara, Vardhana.
- c) Detailed study of Etiology, pathology, classification, clinical features and management of Gingivitis, Apical abscess, Periodontitis (Pyorrhoea).

### **Danta Roga (Dental Diseases)**

- a) Detailed study of Etiology, pathology, classification, clinical features and management of Daalan, Krimidanta, Dantaharsha, Danta sharkara, Hanumoksha
- b) Brief Knowledge of karala, Bhanjanak , Kapalika, Shyava Danta, Danta bheda,
- c) Danta chaal, Adhidanta, Danta Utpatana including Jalandhar bandha method and Danta Purna.
- d) Knowledge of Dental Caries, Dental Tartar & Tooth extraction.

### **Jihva Gata Roga (Diseases of Tongue)**

- a) Detailed study of Etiology, pathology, classification, clinical features and management of - jivha kantaka (vataja, pittaja and kaphaja)
- b) Brief Knowledge of Upajihva, Adhijihva, Alasa.
- c) Knowledge of Glossitis, Tongue Tie, Ranula, Benign and Malignant Tumors of tongue.

### **Talu Roga (Diseases of Palate)**

- a) Detailed study of Etiology, pathology, classification, clinical features and management of - Gala shundika, Talushosha, Talupaka
- b) Brief Knowledge of Talupupputa, Adhrusha, Kacchapa, Talvarbuda, Mamsasanghata.
- c) Knowledge of Cleft palate, palatitis, uvulitis and tumours of the palate.

### **Kantha and Gala gata Roga (Diseases of Pharynx & Larynx)**

- a) Detailed study of Etiology, pathology, classification, clinical features and management of - Tundikeri, Kantha shaluka, Gilayu, Galaganda,

- Swrabhedha , Galavidradhi.
- b) Brief Knowledge of Rohini, Galashotha, Kantharbuda, Kanthavidradhi, Galarbuda Galaugham, Vrindam, Ekavrindam, Valaya, balasa , Shataghni, Swaraghna.
  - c) Detailed study of Etiology, pathology, classification, clinical features and management of - Pharyngitis, Laryngitis, Tonsillitis & Adenoiditis
  - d) Brief Knowledge of foreign body in the throat, Carcinoma of Larynx & Pharynx, Dysphagia Diphtheria & diseases of salivary glands.

### **Sarvasara Mukha Roga (Generalised mucosal affections of the oral cavity)**

- a) Detailed study of Etiology, pathology, classification, clinical features and management of Sarvasar mukhapaka
- b) Brief Knowledge of urdhvaguda, putivaktrata, mukharbuda
- c) Detailed Knowledge of Stomatitis.

### **VI Miscellaneous Diseases**

National Programme for Prevention and Control of Deafness.

## **PRACTICAL**

### **Content of Practical**

Identification, Uses, Demonstration of surgical/non-surgical equipment/ instruments, materials used in shalaky chikitsa. Method of sterilization. Training of case taking, bedside clinics and case presentation.

Training in para- surgical procedures-

- 1) Kshara karma
- 2) Agnikarma
- 3) Raktamokshana
- 4) Training of ward procedures. Application of bandages, wound management
- 5) Training of minor procedures (ashtavidha)
- 6) Observation of surgical procedures in Shalaky

#### **Clinical Training**

04 Months (OPD, IPD OT and kriya kalpa)

#### **Distribution of marks**

- |   |          |
|---|----------|
| 1) Long Case  | 30 Marks |
| 2) Short Case   | 20 Marks |
| 3) Identification of instruments<br>quipments,medicines,etc | 10Marks  |
| 4) Viva – voce  | 30 Marks |
| 5) Daily Record (Case record)                               | 10 Marks |

#### **Total**

**100 Marks**

#### **Reference Books:-**

- |                   |                                |
|-------------------|--------------------------------|
| 1. Shalaky Tantra | Dr. Rama Nath Dwivedi          |
| 2. Shalaky Vigyan | Dr. Ravindra Chandra Choudhary |

3. Abhinava Netra Chikitsa
  4. Netra Chikitsa Vigyan
  5. Netra Roga Chikitsa
  6. Netra Roga Vigyan
  7. Parson's Diseases of Eye
  8. Diseases of ENT Log and Turner
  9. Shalakya Tantra
  10. A text book of ophthalmology in Ayurveda
  11. Shalakya Kriya Kalpa Vigyan
- Useful portions of Charak, Sushrut, Vagbhata

Acharya Vishva Nath Dwivedi  
Dr. Ravindra Chandra Choudhary  
Dr. Munje  
Dr. Hans Raj

Shiv Nath Khanna  
Dr. P.K. Shantha Kumara  
Prof. K. S. Dhiman